# Adventure Unit Session C

7/10 - 7/14

Hello Adventure Unit Campers and Parents/Guardians:
Welcome to Adventure Unit! We have many great trips planned for this week.



	Monday	Tuesday	Wednesday	Thursday	Friday
7/10 - 7/14	On Site	Farmington River Tubing *Waiver Attached in email	Ice Skating	Lake Compounce	VMP

Each day, camp is held at the South Windsor Parks and Recreation Department at 350 Foster Street, South Windsor, CT 06074. (Old Orchard Hill Elementary School). Camp begins at 8:30 am and ends at 4:00 pm every day (except where noted). In order to sign in and sign out your child, you will park in the parking lot and walk up to the Adventure Unit table to sign in your child. For regular time drop off and pick up, look for the green shirts! All Adventure Unit counselors will wear green each day. If your child is unable to attend a day of camp, please inform a counselor of their absence. If early pickup or late drop off is necessary, please let one of the staff know ahead of time as it may interfere with a trip schedule.

**Before Care:** Before Care will take place between 7:00-8:30 am. This is a separate registration and an additional charge, which you can sign up for on Rec Desk. It is called "Adventure Unit Clubhouse Care Session C AM" in the system. Please sign your child in at the sign-in table, located next to the gym. If you are in need of emergency before care, our fee is \$10 cash upon signing your child in. **After Care:** This is a separate registration, which you can sign up for on Rec Desk. It is called "Adventure Unit Clubhouse Care Session C PM" in the system. After Care will take place between 4:00-6:00 pm. After Care sign out will take place at the sign-out table, located next to the gym. If you are in need of emergency after care, our fee is \$10 cash upon signing your child out.

\*Cell phones and or electronics are not permitted at camp. The Adventure Unit has its own cell phone for use in emergencies. Parents may contact the camp phone should they need to communicate with their camper. Cell phones are easily lost or damaged on our high adventure trips.

On your child's first day of camp we ask for your patience, as there are a few pieces of paperwork that will need to be signed. Please know we try our hardest to keep it as efficient as possible, but the sign in process on your child's very first day of camp may take a bit longer than normal.

Please continue on to the next page for additional information

## Here is a list of what to expect, wear, and bring:

- ePACT MEDICAL FORM this needs to be completed online, prior to their first day of camp. Your child will not be able to attend camp if this form is not completed.
- PICK UP AUTHORIZATION completed online through ePACT. We will ask you to look over and sign a hard copy of the pick up authorization.
- Any medication, inhaler, or epi pens that you have indicated on your child's ePACT medical form that they will be bringing to camp. If you would like your child to self carry or self administer, we can provide you with an authorization form at sign in as well.
- PG 13 movie viewing form signed by parent or guardian We will ask you to fill this out when you arrive at camp.
- Lunch in a disposable bag (preferred) and a water bottle
- Comfortable shoes and appropriate clothing that is needed for the day's trip.
- Sunscreen
- Additional items for each trip will be discussed at the end of each preceding day.

\*To give permission for your camper to walk or ride their bike to and from camp, please request a waiver form from one of the Adventure Unit staff members.

If you have any questions or concerns about camp this summer, please do not hesitate to reach out!

#### **Adventure Unit Contact Information**

Cell Phone - (860) 803-8885 Email- <u>adventureunit.sw@gmail.com</u>

We are so excited to see you at camp! It is going to be a great week! Sincerely,

Marissa Peruccio and the Adventure Unit Staff

# Specific Trip Information

Monday 7/10 On Site	Welcome to camp! We're excited to meet all the new campers and see the returners! The day will consist of getting to know each other, going over rules, group games and more! Please make sure to pack a lunch and a water bottle.		
Tuesday 7/11 Farmington River Tubing	Today we will be tubing on the Farmington River. Each camper will receive a life vest and a tube, together we will float down the river. There are two sets of rapids, where campers will move faster in their tube than normal. There may be times where we could possibly have to walk. Please send your child with either a pair of water shoes, crocs, old sneakers, or sandals with a back. Once we have completed the course, a bus will bring us back to the starting point. There is not an opportunity to buy any items on this trip, so please pack your child with a lunch. We will be eating prior to tubing. Finally, a waiver will need to be signed. You can find the waiver in the session letter email. You can bring it in to camp filled out on the first day, or you are welcome to fill out a copy that we will provide to you at sign in.		
Wednesday 7/12 Ice Skating	Get ready for some cold air! We will be ice skating for 2 hours from 12:00 - 2:00. Please send your child with warm clothing such as sweatpants, a sweatshirt and tall socks are recommended. They do not need to come to camp wearing their warm clothes, and will have the opportunity to change once we get to the arena. If campers need some extra support, they are more than welcome to use crates to hold on to while they skate. Please send your child with lunch on this day.		
Thursday 7/13 Lake Compounce	Get ready for a day of rides and fun! Food is not allowed inside the park, campers that bring a bagged lunch will eat around 10:00 am as we wait for the park to open to the public. Campers also have the option to buy food with their own money, inside the park, at a later time. Lake Compounce is now a cashless operation. You may send your child with cash and we will be able to convert it once at the park. Campers have the option of picking what kinds of rides they would like to go on. We try our best to pair your child with others whom they would like to be with. We will not be using the waterpark at this time. For this particular trip it is best if they only bring the items that are completely necessary.		
Friday 7/14 VMP	To end our week, we will have a BIG Friday morning activity with our entire camp. We will then go to the pool to have lunch and swim. If it is your child's first week of camp and they would like to use the pool, they will be required to take a swim test. If your child would like to purchase snacks, candy, beverages or ice cream at the snack shack, they will need cash. Please note this is completely optional. We will leave the pool and return back to camp around 3:00 pm. If you would like to pick your child up at the pool, we ask that you do so by 2:45. Head to the back gate at VMP and we will assist you in this process.		

### Some quick reminders

- Bringing money for food or souvenirs on trip days is completely optional.
- Campers are expected to be in charge of their own spending. The counselors are not responsible for lost or stolen money.
- We ask that campers don't bring cell phones or electronics to camp as it can easily be lost or misplaced. If you need to reach your child or they need you we will have the camp phone.
- Please check the marker board at both sign in and sign out for any specific updates or special items needed for the trip.